

ISSPCON 2025 | Day 1 - Scientific Program
7th February 2025

7:30 AM ONWARDS	REGISTRATION		
8:00 AM - 8:30 AM	FLAG HOSTING		
8:30 AM - 10:00 AM	SESSION 1 : PLENARY SESSION		
CHAIR PERSONS			
8:30 AM - 9:00 AM	Neuromodulation for Pelvic Pain 7 th Feb Dr. SUDHIR DIWAN		
9:00 AM - 9:30 AM	Panel Discussion On Do orthobiologics have a role in advanced OA. Moderator Dr Madhur Chadda. Panelist DrKarticNatrajan, DrKalanthur, Dr G Kumar, Dr Krishna Poddar		
9:30 AM - 10:00 AM	PANEL DISCUSSION ON WHAT TO CHOOSE AS PAIN MANAGEMENT MODALITY DRY NEEDLING, WET NEEDLING,BOTOX, DIAGNOSTIC NERVE BLOCKS OR CONVENTIONAL RF FOR NECK PAIN WITH HEADACHE WITH VERTIGO WITH DEPRESSION IN POSITIVE SPONDYLOARTHROPATHY PATIENTS. Dr Laxmi Vas, Dr Dhruv, Dr Jain, Dr Gautam Das, Dr Ashish Chakrawarty		
10:00 AM - 10:20 AM	TEA/COFFEE BREAK	TEA/COFFEE BREAK	TEA/COFFEE BREAK
CHAIR PERSONS			
10:20 AM - 11:30 AM	SESSION SONOGRAPHY& REGENERATION	ACUTE PAIN & INNOVATIONS	SPINE & MSK
10:20 AM - 10:30 AM	LAEVATOR SCAPULAE SYNDROME SONOANATOMY AND TREATMENT DR SUMIT KHATRI	ISCHEMIA AND ACUTE COMPRESSION WITHIN NEUROVASCULAR FASCIAL COMPARTMENTS IN PTS ON WARFARIN OR DUE TO INFUSION OF INTRAVENOUS FLUIDS DR J BALAVENKATA SUBRAMANIAN	Difference in Nano fat Stem Cells for AVN Hip and OA Knee Dr Vijay

10:30 AM - 10:40 AM	Undiagnosed Heal Pain may be due to Triceps Surae. Sonography assessment and Management. Dr Tisha Ann Babu	Rescue Blocks in Chronic Pain Management Dr Javed Khan.	CHOICE OF ORTHOBIOGICS IN PARTIAL TEAR MUSCLES OF SHOULDER JOINT Dr Krishna Poddar
10:40 AM - 10:50 AM	SONOGRAPHY GRADING OF DEGREES OF PLANTER FASCITIS AND TEAR.PLEASE HIGHLIGHT CALCANEAL SPURS ARE NOT ESSENTIAL TO DIAGNOSE PLANTAR FASCITES DR RACHNA VARMA	SELECTING CHOICE OF PAIN MANAGEMENT DEPENDING UPON DIFFERENT PATHOLOGIES OF KNEE IN OSTEOARTHRITIS KNEE DR GAUTAM DAS	Failed Back surgery Syndrome . Pathophysiology causes & Interventions Dr Neeraj Jain
10:50 AM - 11:00 AM	Is Platelet Rich Fibrin more suitable for MSK disorders. Dr Madhur Chadda	How to improve outcome of RF ablation techniques? Dr Anand Murugesan	Perils of placing the vertebroplasty cannula in Vertebrae Plana and art of cementing in Kummells Disease. Dr Neeraj Jain
11:00 AM - 11:10 AM	Sonography identification of median n. loop around carpel tunnel & it's micro invasive release DR SUSPHA DAS	Optimizing the outcome of TFE block - Navigating challenges!. Dr Sanjeeva Gupta.	Role of Osteopathy for chronic low back pain- Dr CR Das
11:10 AM - 11:20 AM	ROLE OF INNERVATING ZONE OF MUSCLES IN REDUCING DOSAGE OF BOTOX INJECTIONS FOR CHRONIC NECK PAIN.	RFA trends and innovations globally Dr Reman McDough	Do we need and when not to treat Meniscal Tears with Orthobiologics. Dr Madhur Chadda
11:20 AM - 11:30 AM	Pain on Outstretched hand with wrist Pain (Identification of Scapulolunate .& Triangular Fibro cartilage /ligament injury Dr Navita Purohit	Failed Back surgery Syndrome . Pathophysiology causes & Interventions. Dr Neeraj Jain	Tips and Tricks of Visualizing Osteoporotic Pedicle for Vertbroplasty. DR VICKY
11:30 AM - 11:40 AM	Strategies & Alternatives as MIPSI is not always effective. Dr Naveen Malhotra	HOW TO USE IMS AS A RESCUE MODALITY AFTER CONVENTIONAL RF MMB & BOTOX FOR NECK PAIN. DR LAKSHMI VAS.	EFFECTIVENESS OF BIACUPLASTY AS A TREATMENT MODALITY FOR DISCOGENIC PAIN-A MULTICENTRIC TRIAL DR PANKAJ SURANGE.
11:40 AM - 11:50 AM	Q & A	Q & A	Q & A
11:50 AM - 01:00 PM	SESSION 3 : WHAT'S NEW	SESSION 3 : COCCYGODYNIA 7 HOLISTIC APPROACH	ANS & PVD
CHAIR PERSONS			
11:50 AM - 12:00 PM	With the Cautious Stance of Government regarding Stem Cells for Regenerative Therapy what is the role of Stem Cells in Pain Medicine. Dr Ajeet Kumar	Management of Recalcitrant Coccygodynia with RadioFrequency Ablation. Dr Ashu Jain	CRPS - What's New DR DEBJYOTI

12:00 PM - 12:10 PM	FluroScopic Identification of Atlanto-Axial dislocation/subluxation management with PRP Dr Shantanu Mallick	Recalcitrant Coccygodynia management with BMAC Dr KarthicBabu Natrajan	ROLE OF PAIN PHYSICIAN IN PERIPHERALVASCULAR DISEASE DR RADHIKA D
12:10 PM - 12:20 PM	RFA OF GENICULAR NERVES FOR SYMPTOMATIC OA OF KNEE:COOLED OR CONVENTIONAL DR GOUTAM DAS	COUNCELLING OF FEMALE PATIENTS WITH PELVIC PAIN. Dr Varsha Kurade	All burning pain in Dorsum of Foot is not CRPS. Dr Asha Barge
12:20 PM - 12:40 PM	Reactive Eight Neuromodulation Technique for Multifidus Dysfunction Dr Sudhir Diwan	PANEL DISCUSSION HOLISTIC APPROACH OF CHRONIC LOW BACKACHE WITH INSOMNIA ,CONSTIPATION AND DEPRESSION.MODERATOR DR KARTIC, DR SUDHEER DIWAN, DR NEERAJ JAIN, DR GOUTAM DAS, DR ASHOK SAXENA & DR BABITA.	1. Ultrasound Guided minimally invasive percutaneous intervention for Glossopharyngeal Neuralgia 10 mins Dr Ravi Kalanthur. 2. NOVEL INTERVENTIONS for Complex Regional Pain Syndrome Dr Cham 10 mins.
12:40 PM - 12:50 PM	What to choose steroid or Triamcinolone Hyaluronic Acid combo forOsteoArthrites Knee. Dr Hamaad Aligarh	SONOANATOMY OF FLEXOR TENDONS OF THE WRIST AND PALMAR RADIO CARPAL LIGAMENT .DR KUMAR.	Role of chemical Lumbar Sympathectomy in Diabetic and CRPS Patients Dr Chandan Motwani 10 MINS
12:50 PM - 01:10 PM	Q & A	Q & A	Q & A
01:10 PM - 02:00 PM	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
02:00 PM - 03:40 PM	SESSION 4 : NERVE ABLATION & Ultrasound guided minimally invasive percutaneous intervention for Glossopharyngeal Neuralgia Dr Ravi Kalanthur	INNOVATIONS Objective Measurement of Relief of Pain with Verity XR (AI Tool) after Conventional Procedures. Dr Vijay	MISCELLANEOUS Simply “ Mastering the Art of Article writing for Swift Acceptance “ Dr Indubala Maurya
02:10 PM - 02:20 PM	ROLE OF PAIN PHYSICIAN IN CHRONIC TESTICULAR PAIN DR ANSHUL TARAN	How to collect Mesenchymal Cells for Regenerative Medicine Dr Kailash Kothari	Ilio Tibial Band Syndrome- Shashi Prakash
02:20:00 PM - 02:30 PM	How is Chemotherapy Induced Neuropathy different from other Peripheral neuropathies. Dr Joseph Abraham	Post TKR Knee Pain with Effusion Dr Debesh Bhoi	Sonography identification of partial tears & Calcification of Tendoachillis& its management by injecting GFC /PRP and Saline Barbotage Dr Mira Sakher

02:30 PM - 02:40 PM	Precision & Relief: Identifying the Right Indications and time for Cool RF Knee. Dr Samarjit (ISSP Dr Samar}	Pathophysiology of Intra articular Lesion of Hip responsible for Groin Pain & Fluoroscopic guided Interventions Dr Nana Morkane	Osteoporosis Management in CKD Dr Ritu Puranik
02:40 PM - 02:50 PM	RF ABLATION OF ARTICULAR BRANCHES OF HIP IN UNRESOLVING HIP PAIN DR ROHIT LAHORI	Identification of True Terminally ill Patients of Malignancy so as to avoid futile Pain Interventions. Dr Bibhu kalyani Das	Severe Pain in Lower Limbs with tenderness around Ischial Tuberosity during Pregnancy. Dr Praveen Talawar.
02:50 PM - 03:00 PM	Cool RF Articular Branches of the Shoulder in a patient of Idiopathic Lung disease. As faculty for RF Workshop. DR Manjiri Ranade.	Flexor Digiti Minimi Brevis Foot Atrophy A Cause of pain in the lateral foot Dr Chinmoi Roy	Is Patenoreimoral route superior to Suprapatellar recess for Chondromalacea Patella for Autologus Conditioned Serum in OsteoArthritis Knee
03:00 PM - 03:10 PM	ROLE OF STELLATE GANGLION BLOCK FOR RECURRENT PAROXYSMAL TACHYCARDIA NOT RESPONDING TO CONVENTIONAL MEDICATIONS Dr Kalpana K	Application of Adipose Stem Cells in OsteoArthrites DR SHARMILA TULPULE	MANAGEMENT OF NEGATIVE SPONDYLOARTHROPATHY PAINS Dr Vasudha Jadhav
03:10 PM - 03:20 PM	BEYOND ROUTINE UNVEILING NEUROMODULATION FOR REFRACTORY NEUROPATHIC PAIN-THE FUTURE IN INDIA Dr Preeti Joshi	How does placement of Cannula for Balloon Compression differ from probe placement for Conventional Neurotomy for Trigeminal ganglion specially the end point. Dr Sadashivan Iyer	How Long the Treatment of CRPS 1&2 should continue if Diagnosed in Acute Subacute & Chronic cases and flare up protocols. Dr Jeetinder Makkar
03:20 PM - 03:30 PM	DO WE NEED SACRAL NERVE STIMULATION DR RAJ KUMAR ARORA	Acetabular Labral Tears can be the cause of Groin Pain Dr Vikram Sonawane	Greater Trochanter pain syndrome DR ROOPESH JAIN
03:30 PM - 03:40 PM	Q & A	Q & A	Q & A
03:40 PM - 03:55 PM	TEA/COFFEE BREAK	TEA/COFFEE BREAK	TEA/COFFEE BREAK
03:55 PM - 05:25 PM	SESSION 5 : SONOANATOMY	ENDOSCOPIC SESSION	PROLOTHERAPY/JOINTS/FIBROMYALGIA
CHAIR PERSONS			
03:55 PM - 04:05 PM	SONOANATOMY OF MEDIAL EPICONDYLE	Decision making in endoscopic discectomy. Transforaminal vs Interlaminar Approach- DR Anshul Agrawal	Role of Prolotherapy for Femoro Acetabular Impingement Dr Sarvesh Jain
04:05 PM - 04:15 PM	Sonoanatomy of Individual Muscles attached to Lateral Epicondyle. Dr Navita Purohit	MINIMALLY INVASIVE SPINE ENDOSCOPY PROCEDURE DR PAKAJ SURANGE	Role of Prolotherapy in rotator cuff muscles tendinopathy. Dr Shubha V Hegde

04:15 PM - 04:25 PM	SONOANATOMY OF LAEVATOR SCAPULAE SYNDROME AND SCAPULAR BURSA. Why is Sonography guided Genicular Nerve Block superior than Fluro Guided block in Advanced OsteoArthritis DR SWEETY DUDHIOTHAM	Art of Maneuvering Endoscope and Working channel as per target in Interlaminar Discectomy Dr Shiraz	ASSESSMENT OF OROFASCIAL PAINS IN GERIATRIC PATIENTS WITH DEMENTIA. Dr Ruchika Sood
04:25 PM - 04:35 PM	SonoAnatomy of Radial Nerve & Posterior Interosseous Nerve entrapment and their Neuropathy. Dr Varshali Keniya	Various trajectories of Needle Placement for Transforaminal Discectomy Dr Baibhav Bhandari	Temporomandibular joint pain is not always arthritis Dr Swapnil Chincholikar
04:35 PM - 04:55 PM	SONOANATOMY OF DORSAL WRIST LIGAMENTS AN IMPORTANT CAUSE OF WRIST PAIN. DR ANKIT SHAH	Identification of SAP, Annulus, Cord and Nerve , fat & Vessels during TransForaminal Endoscopic Discectomy. Dr Anurag Agrawal	How are the Complexities of Fibromyalgia different from Chronic Fatigue Syndrome in a patient with Depression. Dr Uma Maheshwar.
04:55 PM - 05:05 PM	Q & A	Q & A	Q & A
05:05 PM - 07:00 PM	INAGURATION	INAGURATION	INAGURATION
07:00 PM-8.00 PM	CONVOCATION	CONVOCATION	CONVOCATION
8PM ONWARDS	DINNER	DINNER	DINNER